

Champs Public Health Collaborative Briefing

The public health contribution to the Cheshire & Merseyside Sustainability & Transformation Plan (October 2016)

Purpose of this briefing

The purpose of this briefing is to inform colleagues about the public health contribution via the Champs Collaborative to the Cheshire & Merseyside (C&M) Sustainability & Transformation Plan (STP).

What is the C&M STP?

The NHS Five Year Forward View (FYFV) published in October 2014 sets out the vision for the future of the NHS based around new models of care. NHS England is leading local plans for implementation of the FYFV around development and delivery of clinically and financially sustainable services. These plans are known as Sustainability and Transformation Plans (STPs). The STPs are place-based, multi-year plans built around the needs of local populations and are intended to help drive transformation and efficiency in health and social care outcomes between now and 2021. The financial gap across C&M is estimated to be £1billion.

The C&M sub region has been sub-divided into three Local Delivery Systems (LDSs) which are more homogenous in terms of populations, commissioners, providers and local authorities. The LDS's, their Accountable Officers and the CCGs represented are set out below:

<p>NORTH MERSEY Katherine Sheerin</p>	<p>THE ALLIANCE Simon Banks</p>	<p>UNITED CHESHIRE Jonathan Develing</p>
<p>Liverpool South Sefton Southport and Formby* Knowsley</p>	<p>St Helens Warrington Halton Knowsley Southport and Formby* West Lancashire</p>	<p>Wirral West Cheshire Eastern Cheshire South Cheshire Vale Royal</p>

* Southport and Formby CCG have asked to be included in the North Mersey LDS with a dotted line to the Alliance

The STPs require local leaders to come together to describe a shared vision for the health economy and set out the programme of activities which will achieve significant changes to how health services will be delivered. Details of the resources required (with up to £8.4bn set aside over the period by NHS England) are also necessary. It is reasonable to assume that the STP will therefore be the future mechanism by which health systems will be able to gain access to transformational funding.

Why are the C&M Directors of Public Health (DsPH) and public health teams supporting the STP?

STP is a lever for prevention at scale

While the scope of the whole programme encompasses the wider NHS including delivery of care within hospitals and GP practices, a key work stream within the STP is 'Demand Management and Prevention'. This has provided the C&M Directors of Public Health (CM DsPH) with a significant opportunity to focus on prevention and early intervention as system leaders on behalf of Local Authorities, which they have welcomed as a potential lever for high-level system change. This STP will enable a new approach to cross boundary working and delivering prevention at scale

STP will help save money

The process presents further advantage including economic benefits to the whole C&M health and social care system by reducing demand and providing access to new potential funding resources.

STP can add impact to the Champs Collaborative priorities and improve outcomes

The STP also provides a significant opportunity to build on the existing Champs Collaborative priorities for C&M and allows C&M DsPH to ensure that the focus for the system is firmly on people and place: that people who have jobs, good housing and are connected to families and community feel, and stay, healthier.

What is the public health contribution?

The C&M DsPH have agreed to support the submission with recommendations on key high level actions in relation to three priorities: alcohol harm, high blood pressure and anti-microbial resistance.

So far:

- *An overview of health and wellbeing in Cheshire and Merseyside* has been completed. This provides a brief overview of health and describes the demographic profile of the residents of the region in order to identify key challenges to the state of health.
- A narrative and economic analysis of two high level prevention priorities identified, *Blood Pressure and Alcohol harm*, was included in the initial STP submission for Cheshire and Merseyside.
- A health economic analysis and return on investment report from C&M DsPH has informed the initial submission.

Following the initial submission, C&M DsPH have been invited to submit more detailed plans around the three identified priorities which identify evidenced 'care models' for implementation as part of the plan. Drafts of each have been submitted for feedback and are currently being finalised. Final drafts are due to be completed by the first week of October and the final STP will be submitted to NHS England by the 21st October. Local public health teams, the Champs Support Team and PHE are collaborating to develop the plans.

The following three system wide interventions have been proposed for each subject area:

Alcohol harm

- 1) Targeted advice to reduce alcohol consumption provided at the point of care
- 2) Enhanced support for high impact drinkers
- 3) Sharing of intelligence in order to reduce alcohol-related violence

High blood pressure

- 1) Empowering patients and communities
- 2) Enhanced role of Community Pharmacy in high blood pressure detection and management
- 3) Support consistent delivery of best practice across Primary Care

Anti-microbial Resistance (AMR)

- 1) Comprehensive implementation of delayed / back-up prescribing
- 2) Implementation of anti-microbial stewardship by all commissioners and providers
- 3) Robust education and training for prescribers on AMR

Lead DPH roles have been agreed for the STP as follows:

- Eileen O’Meara (Halton) is the DPH lead on the C&M STP working group
- Fiona Johnstone (Wirral), supported by Fiona Reynolds (CWaC), is the DPH lead for alcohol harm
- Muna Abdel Aziz (Warrington) is the lead DPH for high blood pressure
- Fiona Reynolds (CWaC) is the lead DPH supporting the mental health STP work stream
- Matthew Ashton (Knowsley & Sefton) is the Liverpool City Region (LCR) NHS Leadership Group DPH lead

The alcohol harm work stream will build on the proposals outlined in the licensing paper recently supported by LCR and Cheshire & Warrington Chief Executives. The blood pressure priority will enable the C&M Blood Pressure Strategy, “Saving lives: Reducing the pressure”, to be further embedded at scale across the NHS and has a focus on empowering communities. The anti-microbial resistance priority is a key national public health priority and has significant synergies with the NHS’ aims.

Alignment with the public health priorities in the STP and LDS’s

DsPH are making best use of public health capacity by creating alignment at STP and LDS level for the key priorities and agreeing what action will take place at each level. This will also maximise impact by aligning activity.

Stronger links with local government

Additionally, C&M DsPH are helping to make stronger links with local government and include prevention more significantly within other STP work streams, such as mental health and Fiona Reynolds has met with the programme lead for the STP Mental Health work stream and agreed to advise and align the Champs Collaborative priorities of suicide prevention and improving mental wellbeing for children and young people, as well as broader issues such as worklessness.

It should be noted that the C&M DsPH acknowledge the potential highly contentious nature of the wider STP Plan and have supported the principles recommended by Margaret Carney, Chief Executive of Sefton Council and lead Chief Executive for health and wellbeing across LCR, on issues in the wider plan that require engagement and agreement at the local political level. DsPH will also ensure an effective feedback mechanism to local authorities including representation at regional and national events.

For further information please contact helencartwright@wirral.gov.uk or visit www.champspublichealth.com

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