

# **Supporting the delivery of the Preventing Ill Health by Risky Behaviours- alcohol and tobacco (Prevention) CQUIN Webinar**

## **A Compendium of Resources**

### **1. Guidance**

CQUIN Indicator Specification

<https://www.england.nhs.uk/publication/cquin-indicator-specification/>

Supplementary Guidance

<https://www.england.nhs.uk/publication/preventing-ill-health-cquin-supplementary-guidance/>

Health Matters: preventing ill health from alcohol and tobacco use

<https://publichealthmatters.blog.gov.uk/2017/10/04/health-matters-preventing-ill-health-from-alcohol-and-tobacco-use/>

Developing pathways for referring patients from secondary care to specialist alcohol treatment

<https://www.gov.uk/government/publications/developing-pathways-for-alcohol-treatment>

### **2. Online Training Resources**

E-learning to support healthcare professionals to embed screening and brief interventions into their routine practice

<https://www.e-lfh.org.uk/programmes/alcohol-and-tobacco-brief-interventions/>

PHE YouTube video clips

Video Clip 1: Introduction – making the case <https://youtu.be/NfifP3LDpe8>

Video Clip 2: Very Brief Advice on Smoking <https://youtu.be/BM5IPIPVuY>

Video Clip 3: Alcohol Identification and Brief Advice <https://youtu.be/A1UbcTv7YwU>

Video Clip 4: Patients who drink and smoke

<https://youtu.be/KPGye0C6mV0>

E-learning for healthcare programmes (Alcohol and tobacco brief interventions; Alcohol Identification & Brief Advice)

<https://www.e-lfh.org.uk/programmes/>

NCSCST online training Very Brief Advice (VBA) training module

[http://elearning.ncsct.co.uk/vba-stage\\_1](http://elearning.ncsct.co.uk/vba-stage_1)

### **3. Online Forum**

CQUIN: Preventing ill health from alcohol and tobacco Knowledge hub

<https://khub.net/web/preventing-ill-health-from-alcohol-and-tobacco-cquin>

This group exists to support implementation of the preventing ill health by risky behaviours - alcohol and tobacco implementation of CQUIN. The purpose is to provide a platform where NHS Trusts and others in the local healthcare system can:

- Ask questions
- Share advice
- Post materials (e.g. policies, communications and templates that may be of use to others)

It will support sharing of best practice and will help to reduce the duplication of work nationally.

#### **4. Evidence and Benefits**

NHSE and PHE have brought together evidence that when implemented well this CQUIN has the capacity to:

- Reduce future hospital admissions, reduce wound infection, improve wound and bone healing and longer term risk of heart disease, stroke, cancer and premature death due to smoking cessation interventions
- Reduce future hospital admissions and improve chronic disease management such as hypertension due to inpatient identification of risky drinking and advice
- The estimated net savings to the NHS are impressive at £13 per patient referred to smoking support and prescribed Nicotine Replacement Therapy (NRT) (each year over four years), and £27 per patient receiving alcohol brief advice (each year over four years).

This evidence is sourced from PHE Health Economics data and can be found here:

<https://www.gov.uk/government/publications/health-matters-preventing-ill-health-from-alcohol-and-tobacco/health-matters-preventing-ill-health-from-alcohol-and-tobacco-use>

- **ASH – Action on Smoking and Health – Local Resources**

The materials are designed for you to easily integrate local data from local tobacco control profiles and from the **ASH Ready Reckoner**, a tool for demonstrating the local social return on investment and impact of implementing tobacco control interventions.

<http://ash.org.uk/category/information-and-resources/local-resources/>

- **SROI tools for drugs and alcohol services**

<https://www.gov.uk/government/publications/social-return-on-investment-of-alcohol-and-drug-treatment>